



Press Release: 22 May 2014

The Association for Clinical Biochemistry & Laboratory Medicine and The Royal College of Pathologists - Joint Scientific Meeting – “A Summer of Sport”- Hampden Park, Glasgow

Inspired by the forthcoming Commonwealth Games, *A Summer of Sport* will explore the link between sport, science, health and medicine. Organised by the Scottish Region of The Association for Clinical Biochemistry & Laboratory Medicine and The Royal College of Pathologists, the scientific meeting will cover topics including diet and nutrition, physical health and activity, and drug testing in elite athletes.

Speakers include:

- The Drug Control Centre at King’s College, London, has been in the forefront of introducing advances in anti-doping science for many years and is the only World Anti-Doping Agency (WADA) accredited laboratory in the UK. Following the successful delivery of the anti-doping analysis of athlete samples collected at the London 2012 Olympic and Paralympic Games, the centre’s research continues to improve methods of detection of prohibited substances. As we near the start of the Commonwealth Games, Professor David Cowan, Head of Dept of Forensic Science & Drug Monitoring, will talk about the latest means of deterring the drug cheat in sport.
- Dr Brian Walker, Head of Sports Medicine, Sport Scotland Institute, will review the Delhi Commonwealth Games, dealing with various practical issues such as the state of the athletes’ village, the heat and the strategy for management of gastro-intestinal illness. He will also explain how Sport Scotland Institute is helping to prepare athletes for the Glasgow Games.
- Prof Kate Hunt, Associate Director Social & Public Health Sciences Unit, University of Glasgow directed the Football Fans in Training (FFIT) trial, published in the medical journal *The Lancet* in Jan 2014. Prof Hunt will describe how this ground-breaking trial showed that a large proportion of male football fans could be helped to lose a clinically important amount of weight; offering one potentially effective strategy to challenge male obesity.
- Dr Jason Gill, Reader, Institute of Cardiovascular and Medical Sciences, University of Glasgow will discuss: Physical Health and Activity: does one size fit all?
- Mr Declan Fields, Senior Bariatric Dietician, NHS Tayside will cover Performance Nutrition: A dietetic perspective

Dr Michael Murphy, ACB Scotland Chair, based at the University of Dundee, said: “This meeting promises to provide a fascinating insight into metabolic, nutritional and biochemical aspects of elite sport, and should be of interest to all health professionals who work in related areas. We’re very lucky to have such an impressive panel of speakers who can provide cutting-edge perspective on a host of complex issues.”



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For further information/photos please contact The Royal College of Pathologists' Press and Communications Department on 020 7451 6752. Mobile; 0757 834 9018 or email: samantha.jayaram@rcpath.org.

Notes for editors

- A Summer of Sport will be held in Glasgow, Hampden Park, Scotland's National Stadium. 30 May 2014. This event is free of charge to attend but attendees need to register by May 26 at sarah.cleary1@nhs.net.
- The event has been generously sponsored by
 - Waters: www.waters.com
 - Roche: www.roche.co.uk
 - BD: www.bd.com
 - AB Sciex: www.absciex.com
- The Royal College of Pathologists is a professional membership organisation committed to setting and maintaining professional standards and to promoting excellence in the practice of pathology. As well as medically qualified members, the College has scientists amongst its membership and represents 19 pathology specialties. It has over 10,000 members who are senior staff in hospital laboratories, universities and industry, worldwide.
www.rcpath.org and www.ilovepathology.org
- The College is a registered charity and is not a Trade Union. It does not negotiate the terms of employment of its members.
- The Association for Clinical Biochemistry and Laboratory Medicine (ACB) was founded in 1953 it is a professional body dedicated to the practice and promotion of clinical science. The Association has medical and non-medical members in all major UK healthcare laboratories, in many university departments and in several commercial companies involved in healthcare. The links with its Corporate Members lead to a fruitful relationship with the clinical diagnostics industry.